

PERSPECTIVES ON ENGAGEMENT:

SUPPORT DURING COVID-19

Watch Video 5
for more
information

Changes as a result of the COVID-19 pandemic can lead to:

Increased feelings of isolation,
stress, & burnout

① CREATE STRUCTURE AND GOALS

Intentionally build and communicate the meeting structure from the start

Adhere to a familiar process and meeting time.

Try This

> Provide consistency by:

- Keeping the meeting times as expected
- Staying on the agenda
- Working toward the project goals

② MAINTAIN COMMUNICATION

Communicate with the team regularly

- Provide meeting reminders, documents, and communications on a consistent basis
- Reach out to group members to offer support outside of meetings as needed

Frustration with virtual meetings
that were once in-person

① ACCOMMODATE VIRTUAL FORMAT

Modify meeting structure:

- Shorten meeting to reduce screen time
- Allow for frequent breaks if the meeting needs to be longer

Try This

> If an in-person meeting was originally scheduled to last all day, try splitting the virtual version into two half-days.

② PRIORITIZE VIRTUAL TEAM BUILDING

Build a close-knit community

Intentionally create opportunities to foster relationships among the team in a virtual setting.

③ PERSONALIZE VIRTUAL ENVIRONMENT

Add personal touches to your meetings

Try This

> Play agreed-upon music during meeting breaks.