

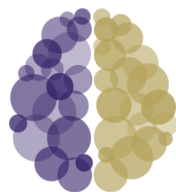
This study is asking the question:
What is the best way to track and
assess headache after Mild TBI?

If you choose to not
participate in this study,
it will not affect your
medical care.

Investigators:

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For more information on brain
injury, please visit the University of
Washington's Traumatic Brain Injury
Model System website:
www.tbi.washington.edu



UNIVERSITY OF WASHINGTON
TRAUMATIC BRAIN INJURY
MODEL SYSTEM
PATIENT CARE • RESEARCH • EDUCATION & TRAINING

Questions?

Our research team is here
to answer your questions.

Study Contact:

206-744-5196

Study Manager:

206-543-0219

Quick Facts about Traumatic Brain Injury:

- The Centers for Disease Control and Prevention (CDC) report that approximately 1.4 million new traumatic brain injuries (TBIs) occur each year
- The CDC states that about 75% of these head injuries are considered mild
- Headache is one of the most frequent complaints after traumatic brain injury



The Headache Diary Study:

APP Study Phase 2

Looking at Post-traumatic Headache after
Mild Traumatic Brain Injury

Have you had a
**Concussion within the
last 12 weeks?**

UW Medicine
DEPARTMENT OF
REHABILITATION MEDICINE

Why Study Post-Traumatic Headache?

APP Study 2.0



Any activity is difficult when you have a headache. Now imagine having a headache everyday, in other words, having a **chronic** headache. Headaches are one of the most common complaints after Traumatic Brain Injury in civilians and in the military. We hear this complaint from our patients all the time, and once headaches become **chronic**, they are not always easy to treat.

Many people report the onset of new headaches after TBI, and almost half of these have frequent headaches.

Since this problem is prevalent, the University of Washington's TBI Model

If you would like to learn more about the study, contact us. To be part of this study, participation must begin within 12 weeks of your injury.

To see if you qualify to participate in this study, call: 206-744-5196

System became interested in developing treatments which could **prevent** headache from developing into **chronic** headache.

As part of treatment development, the TBIMS team created a web-based headache diary application to record and assess headache.

This study is enrolling participants to use the headache diary tracker daily to test the usability and reliability of the headache

tracker. This study also

involves completing some measures that ask about your injury as well as other questions about your current health state.

Because the headache diary is web-based, you will need access to the internet to participate.

What does the study involve?

There are several parts to

Daily Headache Diary



Baseline and Follow-Up



Weekly Phone Check-in



There will be questions asked about each headache that occurs during participation in this study. Researchers will look at information from everyone to see if there is anything that can be learned about post-traumatic headache.

Participation will help the medical community better understand how to track and assess post-traumatic headaches. Being in this study is voluntary. You do not have to be in this study if you don't want to be.

