

## ADDITIONAL RESOURCES:

Traumatic Brain Injury Resource Line:

1-877-824-1766

Brain Injury Association of Washington:

[www.braininjurywa.org](http://www.braininjurywa.org)

Brain Injury Association of America:

<http://www.biausa.org>

Brainline:

<http://www.brainline.org>

## FOR CLINICAL QUESTIONS:

Harborview Brain Injury Clinic:

(206) 744-5862

UW Brain Injury Clinic:

(206) 598-4295

For more information on brain injury, please visit the University of Washington's TBI Model System website:

[www.tbi.washington.edu](http://www.tbi.washington.edu)

UW Medicine  
DEPARTMENT OF  
REHABILITATION MEDICINE



## For Research Related Questions:

Coordinators

Erica: (206) 897-6322

Leslie: (206) 543-0219

## Quick Facts about Traumatic Brain Injury:

- The Centers for Disease Control and Prevention (CDC) report that approximately 1.4 million new traumatic brain injuries (TBIs) occur each year
- The CDC states that about 75% of these head injuries are considered mild
- Headache is one of the most frequent complaints after traumatic brain injury



## UNIVERSITY OF WASHINGTON TRAUMATIC BRAIN INJURY MODEL SYSTEM

PATIENT CARE • RESEARCH • EDUCATION & TRAINING



**Our Mission** is to promote the best health and recovery in persons with traumatic brain injury by using information gained from cutting edge research in clinical care.

**W** UNIVERSITY of WASHINGTON

## What is Traumatic Brain Injury (TBI)?

TBIs are usually caused by a blow to the head that causes brain bruising or a disruption in brain function. This may occur from car crashes, falls, or assaults. TBI may result in problems in physical abilities, learning and remembering abilities, and changes in behavior.

## The University of Washington TBI Model System - What is it?

We are 1 of 16 government-funded centers in the United States that:

- ◆ Seeks to find out what happens to people who have a TBI, how they recover, and what to expect on a long-term basis.
- ◆ Examines treatments that may lessen the problems caused by brain injury.
- ◆ Provides state of the art rehabilitation meeting the needs of people with TBI.

## Why Were We Selected as 1 of 16 Centers?

Harborview Medical Center and the University of Washington are national leaders in clinical care and research in TBI. We have a full range of specialized clinical services including: emergency treatment, trauma care, rehabilitation care and long term follow-up.

## How Can You Become Involved in the Model System?

One of our project staff will be speaking to you and your family about participating in this project. They will explain the process in detail. If you agree, you and your family will be interviewed while you are in the rehabilitation unit and at least once a year after you return home. Research helps us to find out what happens to the brain after an injury. It tells us what treatments work best so that we can give you and others the care needed to improve recovery.

## Potential Benefits to Participants:

- ◆ Evaluations to measure how you are doing and your recovery over time.
- ◆ \$15 Payment for yearly follow-ups.
- ◆ Telephone follow-up calls from experienced TBI Model System staff.
- ◆ Learning about other research projects.
- ◆ Knowing that YOU helped add to the knowledge of TBI recovery and that treatment will be improved for others.

### In the Hospital:



Erica

### Follow-Up Phone Calls:



Melissa